Because of you, our community is a place where people find hope and discover possibility.

It is a great feeling to know you are making a difference in people’s lives. My hope is that as you read this Donor Impact Report, you will get a deeper sense for how you, through your compassion and generosity, are making an impact on individuals and families throughout the Upper Valley.

As September’s annual Hunger Action Month fast approaches, we work hard to bring awareness about local food insecurity. More than 42 million Americans are food insecure, including 1 in 6 children. Did you know more than 1 in 10 Vermonters will go to bed hungry tonight? For many of our neighbors here in the Upper Valley, hunger is a day-to-day reality. Every action makes a difference and we all have a part to play.

Thank you for helping the Haven serve our community, support people in the attainment of their goals for a sustainable future, and foster an environment of positive change.

—Michael Redmond, Executive Director

Making an Impact in the Upper Valley

Thanks to compassionate and caring friends like you, the Haven is open 365 days a year and serves over 14,500 people. In the last year alone, YOU helped the Haven:

- shelter 144 individuals and 26 families (including 46 children) & provide seasonal shelter for 87 adults
- provide food for 4,288 households (including 3,945 children) & feed 12,265 through the Haven’s Food Shelf
- aid 107 households in avoiding homelessness through the Haven’s Community Service Coordination

Your support also allows us to:
♥ Welcome all who enter our doors as equals, respecting their dignity and accepting them without judgment
♥ Encourage those we serve to develop their capacity for independence and self-sufficiency
♥ Seek the support and participation of the entire community
♥ Be thrifty with resources, generous in hospitality and accountable to those who support our work

Thank you!
A COMMUNITY BETTER FOR ITS CARING

It is through your strong support of the Haven that we are able to serve people struggling with poverty, providing food, shelter, education, service coordination, and other critical support. We love what we do—and you make it possible.

I look forward to coming to work at the Haven! I go out each day in the Haven’s truck to collect donations of food and pick up bulk orders. People depend on me and I take that very seriously. I can't help but be filled with pride at what I'm able to accomplish at the Haven. Everyone here is so dedicated and passionate with a combined focus to help anyone who walks in the door. I'm grateful to be part of such a welcoming community.

-J Green, Bethel, VT

My volunteer work in the Haven’s Food Shelf is a highlight of every week. It is a joy to blend in with a community of caring, thoughtful, sincere folks from all corners of the Upper Valley, working in harmony to address the needs of all of us together. The Haven lives up to its name as a refuge and resource for all who enter its campus or participate in its many outreach programs. I’m proud to be a part of such a fine network of human beings.

-Anne J., Lebanon, NH

The Haven represents what is best about the Upper Valley: caring, engaged, inclusive. It welcomes anyone who needs a helping hand. The more I know about the Haven and its services, the more meaningful and important my support feels. I am a monthly Haven donor because I know that consistent financial support is crucial and giving monthly is automatic and easy.

-Carin R., Lebanon, NH

450

# of volunteers committed to a regular weekly, bi-weekly, or monthly schedule in direct service to our guests

2,750

average # of hours a month volunteers serve others at the Haven

WANT TO VOLUNTEER?

Learn about ways to help at uppervalleyhaven.org/volunteer/

No one should go hungry

September is Hunger Action Month, when concerned and caring people like you unite to spread awareness and take action, volunteering, advocating, and donating to end hunger in our communities.

You recognize that there are more than enough resources in the world for us all to eat. Will you join us in standing with those facing food-insecurity in our neck of the woods?

It’s easy to participate. Visit uppervalleyhaven.org/volunteer to learn how you can donate your time and uppervalleyhaven.org/donate to send a gift to help our efforts. We are deeply grateful for your generous support!

Your participation in Hunger Action Month helps individuals and families, right here in the Upper Valley.

9th Annual Haven Golf Tournament
Friday, August 23, 2019
Montcalm Golf Club, Enfield, NH

Upper Valley Haven Cup
Saturday, August 31st & Sunday, Sept 1st
Storrs Pond Tennis Courts, Hanover, NH

7th Annual 19 Days of the Upper Valley
December 1-19, 2019
Help keep the Food Shelf well-stocked and keep it local when you do your holiday shopping!

SAVE THE DATES

SUPPORT THE HAVEN FAR INTO THE FUTURE

You care about your community. Planned giving is a great way to make a lasting impact, leave a legacy gift, and further the work of a cause you believe in. Stay tuned... Information about the Haven’s new planned giving program is coming soon!