

THANK YOU

for standing with the
Haven during
Hunger Action Month



Your generosity during Hunger Action Month made a powerful difference. Every gift was doubled by a generous anonymous donor, and together you provided essential support to reduce hunger here in the Upper Valley.

From parents picking up groceries at the Community Food Market to patients and families receiving fresh produce through our delivery partners at Dartmouth Health, Alice Peck Day Hospital, and the Moms in Recovery clinic, your kindness is reaching people in every corner of our community.

We are deeply thankful for you.



With gratitude,

Michael

Michael Redmond
Executive Director

 **HUNGER
ACTION
MONTH™**

September 2025 Results

41,248

pounds of food donated

1093

households served in the
Community Food Market

2211

adults and **834** children
served in the food market

97

Average households
served per day in Sept.

9

off-campus food
programs served

88

individual volunteers
providing **928** hours

30+

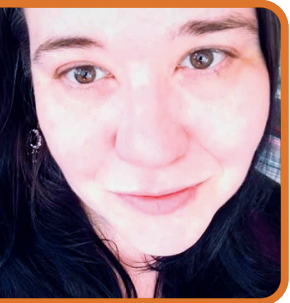
towns and cities served
in the food market

17%

increase in visits
compared to last year

HOW HUNGER ACTION MONTH HELPED JULIE'S FAMILY

Julie and her significant other both work long hours, but rising costs still make it difficult to cover bills, childcare, and groceries. As a mom, her first thought is always her kids. "When you work and you have adequate income, you don't get food stamps or free school lunch. After paying bills and taking care of necessities, there is not much left for groceries," she says.



When a taxi driver told her about the Haven's Food Market, Julie expected a few canned goods on shelves. Instead, she found **fresh produce, dairy, meats**, and a space filled with *dignity and choice*. "Everything is properly refrigerated, categorized, and so clean. The building itself is inviting."

The Food Market eases the pressure of wondering where the next meal will come from, giving Julie's family nourishing food and the joy of gathering at the table. "Nothing brings people together like food."

This Hunger Action Month, **your generosity supported families like Julie's all across the Upper Valley. Thank you.**



FOOD | SHELTER | EDUCATION | PROBLEM SOLVING

Upper Valley Haven

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White River Junction, VT 05001



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