



Upper Valley Haven

WINTER
2020

Donor Impact Report

Happy New Year! First and foremost, I would like to let you know how **THANKFUL** I am for everyone who supports our work at the Haven. In 2019, we surpassed almost every goal we set to help our neighbors in need: a roof over their heads, food for empty stomachs, help for parents to get back on their feet and some stability for children caught in the chaos. None of this would be possible without you. Thank you for your financial support, your contributions of food and clothing and for volunteering your time to help those in need.

I'm also thankful for all the friends and neighbors who visit the Haven every day seeking help. They trust that we can provide them with the support services they need and that we will deliver them with respect, kindness and fellowship. By their presence at the Haven, we all receive so much.

Your generosity to the Haven changes lives for neighbors in your community. Your gifts not only support material needs—they also allow us to offer hope and the possibility of a better future. Last year, we helped 40 guests from our adult and family shelters achieve permanent, stable housing in the community. Twenty-five families and 18 adults remained stably housed through our supportive housing services. Thousands of people were sustained through our food programs. Thirty children who were once homeless or who are currently living in the Byrne Shelter benefited from our after-school and summer camp programs, learning new skills, improving academics, and building resiliency for the future.

Even though we had a successful 2019, we must not lose sight of how much need there still is and how much work there is left to do. Together, we can make this coming year just as successful—or greater than the last. **Thank you for everything you've done and I hope to have you by our side throughout 2020.**



With warm thanks,

Michael

Michael, Executive Director

DID YOU KNOW...

- ♥ **59,882** Vermonters live in food insecure households; **17,726** are children under 18
- ♥ **1 in 8** people struggle with hunger in VT
- ♥ **1 in 11** people struggle with hunger in NH
- ♥ the number of people experiencing chronic homelessness has increased since 2018. In the Hartford VT area about **30%** of the people experiencing homelessness have been homeless for 12 months or longer and have a disabling condition
- ♥ For Vermonters earning the minimum wage of \$10.78 per hour, they must work **67** hours per week to afford a one-bedroom apartment and **85** hours per week for a two-bedroom home
- ♥ **75%** of Vermont students qualify for free school meals
- ♥ **122,860** Granite Staters live in food insecure households

SAVE THE DATES

MUD BALL 2020

Saturday, March 21st, 7-11 PM
Hilton Garden Inn Hanover/Lebanon

Enjoy cocktails, delicious hors d'oeuvres, and a dance party with music by the Conniption Fits at this year's disco-themed Mud Ball. Bid on unique auction items such as private cooking classes and luxury vacation rentals donated by local area businesses and individuals.

All proceeds directly support Children's Services at the Upper Valley Haven. Tickets on sale February 13th!



Chefs of the Valley

Sunday, April 26, 2020, 4-6:30 PM
Hanover Inn

Each spring, the best chefs, farmers, and beverage companies of the Upper Valley join together in a fundraiser to support the Haven. The event is a gala where guests will be able to sample delicious cuisine, listen to live music, and bid on silent auction items donated by local businesses and individuals. More information at uppervalleyhaven.org/events/chefs

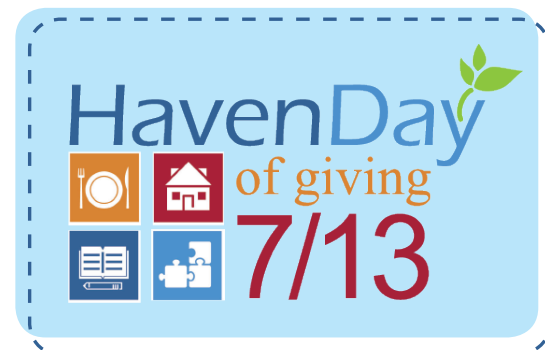
Your Gifts Change Lives! How Your Support Helped Tom



A Haven Community Service Coordinator recently assisted Tom with a housing voucher so that he could move into Twin Pines Housing's new Tracy Street apartment complex in West Lebanon. Tom was born and raised in California, but has lived in Vermont for the last ten years. Tom had been enduring significant health issues and living week-to-week in motels for two years, which is not only very expensive but exhausting. *The struggle wore Tom down.*

When Tom moved into his brand-new unit in November, he called his Service Coordinator to express

gratitude for the Haven's help. When asked how his apartment was he gushed, "Oh, it's absolutely wonderful! It's like the Taj Mahal!" and expressed his gratitude to the Haven for his new home. In addition to support from the Haven, Tom has been the recipient of support from Twin Pines, SEVCA, Meals on Wheels and Dartmouth Hitchcock. Tom is very appreciative of the culture of caring in the Upper Valley that helped him find his way home to Tracy Street.



Welcome home Tom!

BECAUSE OF YOU...



Hunger Action Month 2019

Together we raised **\$120,501**, including **\$50,000** match by an anonymous donor!



Thank you!!



19 Days Results

\$353,321 raised! This includes a match from The Jack & Dorothy Byrne Foundation. Thank you Upper Valley and the Byrne Foundation!

Turkey Day Results

65 volunteers, Thanksgiving turkeys and groceries for **720** households, thousands of smiles.

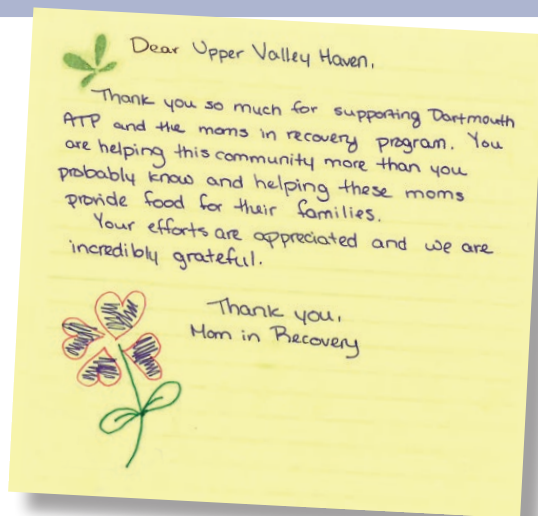


Volunteers prepare snacks and grab and go meals for the more than 60 moms and their 100+ kids

Moms in Recovery:

The Haven surveyed the moms about food and cooking and results included:

- ♥ Moms are using any and all options to obtain food – chain supermarkets, neighborhood stores, food shelves in their towns and the Haven;
- ♥ Moms are using a variety of cooking methods - oven, stovetop, microwave, crockpot;
- ♥ All had a microwave and stovetop/oven, a few had a crockpot and blender;
- ♥ The survey helps the Haven plan for the 2020 needs of the program.



CURRENT WISH LIST

Personal Items

- Small bottles of hand sanitizer
- Toilet paper
- Paper towels
- Toothbrushes
- Toothpaste
- Hand soap

Other Needs

- Electric blankets (any size)
- Feminine hygiene products
- Sweatpants (Adult Medium-XXL)
- Grocery bags
- Diapers in all sizes

Always needed

- Cereal (hot and cold)
- Peanut butter
- Tuna
- Pasta of all kinds
- Canned vegetables
- Pasta sauce
- Soups or broths
- Canned tomatoes
- Macaroni & cheese
- Red kidney beans
- Canned fruit

IN 2019, YOU MADE AN IMPACT IN THE UPPER VALLEY

Thanks to compassionate and caring friends like you, the Haven was **open 365 days** and **served more than 14,500 individuals** in 2019.



Volunteer
hours:
31,876



Seasonal
Shelter:
81 adults
sheltered



14,815
visits to the
Food Shelf

♥ **450** active individual
volunteers + **70**
volunteer groups

♥ Byrne Family Shelter:
59 children and **46** adults
(**105** total) sheltered

♥ Over **3,800** children
received food and over
1,400 seniors received
food through the Food Shelf

♥ Breakfast and lunch
served Mon-Fri: more
than **18,000** meals
annually

♥ Hixon Adult Shelter:
89 adults sheltered

♥ **52** Reception and Cafe
volunteers (front desk,
Food Shelf registration,
and Caruso Cafe)

♥ Bev's House Children's
Program enrolled **28**
children in winter/spring
2019, **26** children in
summer 2019, and **24**
children in fall 2019

WANT TO VOLUNTEER?

Learn about ways to help
at [uppervalleyhaven.org/
volunteer/](http://uppervalleyhaven.org/volunteer/)



Thank you!

SUPPORT THE HAVEN FAR INTO THE FUTURE

You care about your community. Planned gifts are a great way to make a lasting impact, leave a legacy, and further the cause you believe in and let us know of your decision so we can add your name to our legacy honor roll.

One sentence in your will can make a lifetime of difference.

To leave a gift in your will, simply share this sentence with your attorney or financial planner:

"I bequeath \$_____ or _____% of my estate to Upper Valley Haven, 713 Hartford Avenue, White River Junction, VT 05001."