We asked. You responded.

When people are in need, we stand together as a community!

Your response to Hunger Action Month was truly overwhelming. This year has been like no other. More families were in need, many who had never called on the Haven before found themselves out of work, or facing reduced hours because of the pandemic.

Your generous Hunger Action Month donations to The Haven were doubled through a dollar-for-dollar match, assisting individuals and families all across our community. People like Erica, who lost her job when COVID-19 forced her employer out of business—

"Last year we were able to make a gift to the Haven during Hunger Action Month. I'd have never imagined so much could change, so fast. Not only am I not in a position to give this year, but my family is in need. I remember reading, 'No one should have to worry about having enough food.' It is terrifying when it's your family. I am so grateful for the Haven ... and friends who support the Haven. Thank you!"

Donor: like you have gone above and beyond in helping our community through these unprecedented times. As COVID-19 threatened to increase food insecurity, YOU INCREASED YOUR GENEROSITY! Thank you for helping to make the Upper Valley the kind of community we long for—where people can find hope and discover possibility.

With much appreciation,



Michael Redmond Executive Director



Donor Supact Report

In the month of September alone:



108,346 pounds of food were donated



150 volunteers worked 1,685 hours at the Haven



624 food shelves were served



816 lunch box meals were provided



149 households in the Upper Valley are waiting for housing or shelter (this # includes 83 hotel households and 17 campers)

Thanks to your strong support we can serve people struggling with poverty by providing food, shelter, education, problem solving and other critical support.

This is your impact as an Upper Valley Haven donor.

